

COMMUNITY CARDIOLOGY SERVICE - A GUIDE FOR PATIENTS Event Recorder Appointment

Your appointment

Your appointment will be held at a GP surgery which offers free parking. Finding free spaces can sometimes be difficult so please leave plenty of time.

If you need to cancel or re-arrange your appointment, please call **01420 560817**.

- You will be seen by a cardiac physiologist who will fit the monitor for you and show you how it works. You will not see a doctor at this appointment.
- You will be loaned a cardiac event recorder which is a small hand held device used to record your heart rate and rhythm when you activate it. You will be given the device to take home for 7 days.
- You will be given you full instructions on how to make a recording using the device. We'll also give you written step-by-step instructions to take home with you.
- You must keep the device with you at all times in case you experience any of your symptoms. If you do experience any symptoms you must place the device onto your chest and press the record button. The device records for 30 seconds and you must stay quiet and still during this time. You'll be able to practice using the device at least once during your appointment.
- Fitting the monitor will take approximately 15 minutes.
- **Please ensure you return the monitor by the date and time stated at your appointment.** The result will be reviewed by a cardiology doctor and a letter will be sent to your GP. If you need to be seen by the doctor you will be offered a further appointment in the cardiology clinic at one of our community locations.

If you have any comments or concerns about this service, please contact us on the telephone number above or email **whccg.mhhcardiology@nhs.net**

For further information about the service and clinic locations please visit our website:
www.communitycardiologyservice.co.uk